

**AMAFRI
TRAVEL
FOUNDATION**



TRAVEL ITINERARY



18TH APRIL - 22ND MAY 2026



WELCOME TO GHANA



Explore Ghana's rich cultural and historical legacy through our curated Heritage Tours. Start with an Accra city experience at the Kwame Nkrumah Museum, Independence Square, and Osu Castle, uncovering Ghana's journey to independence. Dive deeper into art and community at the Nkyinkyim Museum and enjoy a refreshing retreat at Aqua Safari Resort in Ada. Discover poignant history at the Cape Coast Castle and the spiritual memory of the Assin Manso Slave River Bath, vital links in the Transatlantic Slave Trade. Get closer to nature at Kakum National Park with its famous canopy walk, and later, witness the beauty of Boti Falls and the vibrant charm of Koforidua Beads Market. For the culturally curious, the Artist Alliance Gallery, Makola Market, and Arts Center offer rich expressions of Ghanaian creativity. The tour ends with a serene night of music and connection at Zen Garden in Accra's nightlife scene.





WELCOME PARTY

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WELCOME PARTY AT SeSENAMEI GARDENS

This marks the perfect beginning to your Ghanaian heritage journey. Nestled in a peaceful corner of Accra, SeSenami Gardens offers a lush and intimate outdoor setting surrounded by tropical greenery and elegant decor. Guests are warmly welcomed with traditional drumming, cultural performances, and refreshing local beverages

TOUR 1



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Start with an Accra city experience at the Kwame Nkrumah Museum, Independence Square, and Osu Castle, uncovering Ghana's journey to independence



KWAME NKRUMAH MUSEUM

A memorial park dedicated to Ghana's first President and key figure in the fight for independence.



INDEPENDENCE SQUARE

One of the largest city squares in Africa, symbolizing Ghana's liberation



OSU CASTLE

A colonial-era fortress that has served as the seat of government and now holds historical



TOUR 2

3




CAPE COAST CASTLE

Overlooking the Atlantic Ocean, this historic castle was a major holding site during the transatlantic slave trade. Its haunting beauty and guided tours offer a powerful and emotional journey into history.



KAKUM CANOPY WALK

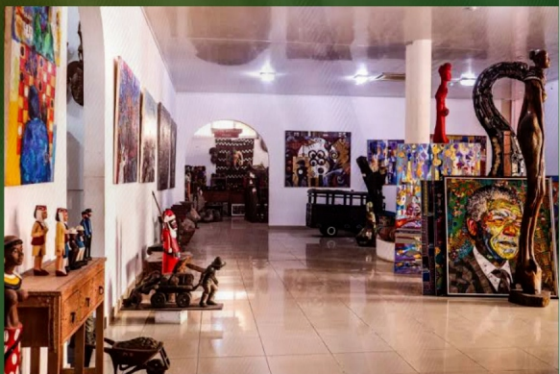
Experience the thrill of walking above the forest on a suspended canopy walkway one of only a few in Africa. The view from above reveals the vast beauty of Ghana's rainforest ecosystem.



TOUR 3

3

Ghanaian culture is expressed in dynamic and meaningful ways. Artistic expressions flourish through beadwork, wood carving, pottery, and contemporary visual arts, showcased in spaces like the Arts Center, Makola Market, and the Artist Alliance Gallery



ARTIST ALLIANCE GALLERY

a vibrant hub of Ghanaian arts that showcases a rich collection of contemporary and traditional artworks, including paintings, sculptures, textiles, carvings, and beadwork.



MAKOLA MARKET

One of Accra's most iconic and bustling commercial centers in the heart of Accra, offering a true taste of everyday life in Ghana.



ARTS CENTER

This is a cultural treasure trove where Ghana's artistic traditions come alive. It features an open-air craft market filled with handmade items.



TOUR 4

3




NKYIMKYIM MUSUEM

This is an outdoor cultural and historical museum that tells the story of African heritage through art, sculpture, and storytelling



AQUA SAFARI

Nestled along the Volta River in Ada, Aquah Safari offers breathtaking views of tranquil waters, lush greenery, and vibrant sunsets. It's the perfect blend of nature, luxury, and relaxation.



TOUR 5

3



BOTI WATER FALLS

Tucked away in Ghana's Eastern Region, Boti Falls is a twin waterfall surrounded by dense forest. It's a serene and picturesque spot, ideal for nature lovers and adventure seekers alike.



KOFORIDUA BEADS MARKET

Renowned for its colorful bead market, Koforidua is the place to find handcrafted beads rich in cultural symbolism. Visitors can shop and learn about traditional bead-making techniques.

TOUR 6

3



ASSIN MANSO SLAVE RIVER

This is a sacred and historical site located in Ghana's Central Region. It was one of the final resting points where enslaved Africans were bathed and allowed a moment of reflection before being taken to the coastal forts for shipment across the Atlantic. Today, it stands as a solemn memorial to the countless lives lost and a place of spiritual reconnection for the African diaspora.



NIGHTLIFE IN ACCRA & DINNER



ZEN GARDENS - ACCRA

This is a serene yet lively spot in Accra that beautifully blends nature, music, and nightlife. Tucked away in the Labone area, it offers a lush, garden-style atmosphere perfect for evening relaxation, dining, and live performances. With its intimate setting, ambient lighting, and a lineup of local and international musicians, Zen Garden is a favorite destination for those seeking a peaceful escape or vibrant cultural night out.

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